



***THE SECOND OPEN REGIONAL PARA SWIMMING
CHAMPIONSHIP***

**** PODGORICA OPEN 2023 ****

GENERAL INFORMATION AND COMPETITION RULES

ORGANIZER: Swimming club for people with disabilities "MAKO"

ADDRESS: Mojkovačka 24/B, 81000 Podgorica, Montenegro

PHONE: +382 67 220 912 ; +382 68 644 177

E-MAIL: pkosimako@gmail.com

DATE OF COMPETITION: 17 - 18 June 2023

SWIMMING POOL

NAME: Sports Center "Morača" Podgorica

ADDRESS: Ivana Milutinovića bb, 81 000 Podgorica

RACE COURSE: Outdoor olympic swimming pool 50 meters long and meets all competition criteria. Water temperature is 26,7 °C .

RULES: The competition will be held according to WPS – rules and regulations.

One start rule applies at the competition.

Please take care that only FINA approved swim suits will be allowed. The competition is open for swimmers with a functional disabilities, a visual impairment and mental handicap.

Competitors are classified in categories S1 – S14 ,

AB (disabled no minimum handicap) and C21 for swimmers with Down Syndrome.

ENTRY DEADLINE: 14 June 2023

Application entry form should be sent to: pkosimako@gmail.com

ENTRY FEE: 10 EUR per individual

BILLING INFORMATION:

Swimming club for people with disabilities "MAKO"

Mojkovačka 24/B

81000 Podgorica

Account number: 520-14589-55

TIN: 11071341

Hipotekarna banka AD Podgorica

PRIZES: Medals for first 3 competitors in the category S1 - S14, AB, C21.

Team winners are awarded a trophy – the three best teams are selected according to the scoring system of the first eight competitors (10, 8, 6, 5, 4, 3, 2, 1).

AGE CATEGORIES: Open

TEHNNICAL MEETING: Saturday morning at 10:00 am at the swimming pool.
Also reserved for competitor training.

PROVISIONAL TIMETABLE

Saturday afternoon: Warm-up 15:00 – 16:00 pm

Opening ceremony 16:15 pm

Start of the competition 16:30pm

Sunday morning: Warm-up 09:00 – 10:00 am

Start of the competition 10:15 am

SATURDAY AFTERNOON

200 freestyle M/F	S1 – S14, C21 (DOWN SY), AB
100 breaststroke M/F	SB1 – SB14, C21 (DOWN SY), AB
50 backstroke M/F	S1 – S14, C21 (DOWN SY), AB
100 butterfly M/F	S6 – S14, C21 (DOWN SY), AB
50 freestyle M/F	S1 – S14, C21 (DOWN SY), AB

SUNDAY MORNING

400 freestyle M/F	S6 – S14, C21 (DOWN SY), AB
50 breaststroke M/F	SB4 – SB14, C21 (DOWN SY), AB
100 backstroke M/F	S6 – S14, C21 (DOWN SY), AB
150 individual medley M/F	SM1 – SM4
200 individual medley M/F	SM5 – SM14, C21 (DOWN SY), AB
100 freestyle M/F	S1 – S14, C21 (DOWN SY), AB
50 butterfly M/F	S1 – S14, C21 (DOWN SY), AB

SPECIAL NOTICE:

The official application entry form for the competition is the Club application, which guarantees the health of the swimmer. Please adhere to the set deadline, in order to enable the successful implementation of the competition. Only completely and correctly completed application entry forms will be considered.

ACCOMODATION OFFER:

1. Hotel AUREL
2. Hotel KETO
3. Hotel BOSCOVICH

Detailed accommodation offers of the mentioned hotels are attached to the e-mail.

Welcome sports friends !